



## Art, Theatre, Music: A Critical Holistic view of creation at 21<sup>st</sup> century

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**Holism** is the idea that natural systems (physical, biological, chemical, social, economic, mental, linguistic, etc.) and their properties should be viewed as wholes, not as collections of parts. This often includes the view that systems somehow function as wholes and that their functioning cannot be fully understood solely in terms of their component parts.

A model applying a holistic approach must serve to vision a sense of balance within its structure, processes and outcomes.

The term "holistic" nowadays is used on various meanings, sometimes not exact, however it is the best to define namely the creative process and the art itself. Art and creation may be treated as holistic only when it becomes a reflection of an individual- creator with urgency and identity being an indispensable condition.

Holistic art may be described as the art of "movement" - not in the general sense, but looking broader, i.e. for how urgent is the art to its creator at this moment, now, and for how much does it disclose and grow self-consciousness and perception during the creative process.

The folk art is the greatest example of holistic approach. We can see how the art reflect inner balance of human being, but it's not mean that we must to return back and start create primitive art again. We have been informed of much more, and we have more whole understanding of matter. But we can regain the authenticity from which this art was born. This authenticity, even though it may be intertwined with endless streams of knowledge and history, can never be destroyed.

By using holistic approach in art we are moving toward an appreciation of art as an expression of whole person, who realize the importance of reconciling self with Life. It is reconciled self who is authentic self.

